

Inman Aligner Fact Sheet



As time goes by, your teeth may tend to shift, resulting in some crowding or rotations at the front of the mouth. At first glance, you may think that you need fixed braces. However, with the patented **Inman Aligner**, your front teeth can be gently guided to an ideal position. It is quick and effective, normally taking between 6 to 16 weeks. It is suitable for adults of any age and older teenagers.

How it works

The **Inman Aligner** utilizes high-technology coil springs that put pressure onto the back of the teeth that need repositioning and a labial bar that reverses the same pressure. These components work together to gently "squeeze" the teeth together into alignment.



Before



After

This case of lower incisor crowding took 9 weeks to treat

Photos courtesy of Tif Qureshi

Length of treatment

Most patients can be treated in 6 to 14 weeks.

Impressions and fitting the aligner takes two half-hour appointments 2-3 weeks apart.

This is followed by 2-5 shorter appointments at three-weekly intervals.

The **Inman Aligners** are pre-programmed to reduce the need for practice visits.

Comfort

It normally takes about one week to become acclimatised to wearing the aligner. Like anything foreign to your mouth, it may cause you to salivate more than usual for 24 to 48 hours and could affect your speech for 7 to 10 days (upper brace more so than the lower).

Daily Use

It is recommended that you wear the appliance for 20 hours a day.

Cost

All patients have different needs of correction and costs will vary with treatment time.

While adult fixed braces and other 'invisible' orthodontic systems can cost £2,000 - £4,000, the **Inman Aligner** works out at about **£1250**.

Other benefits

- can be taken out for eating and for important social or business events
- the brace is barely visible
- a great solution for people who never considered normal braces due to the length of time involved and the number of visits
- rather than taking teeth out, space for aligning crowded teeth is gained by simply smoothing about 0.25mm off the sides of the crowded teeth
- can move the teeth into a better position prior to placing veneers, making the veneers less bulky and the tooth preparations less invasive

Is the *Inman Aligner* new?

Patients have been treated with Inman Aligners since 2000. In the United States approximately 450 to 500 new patients are prescribed treatment with Inman Aligners every month.

What are the limitations of the *Inman Aligner* compared to other braces?

The *Inman Aligner* is only used for treating the top and bottom front teeth. The teeth being treated can either be mildly spaced or have mild/moderate crowding.

Is treatment with the *Inman Aligner* uncomfortable?

No. Due to the gentle but steady orthodontic forces generated, the appliances are easily tolerated. We would recommend a mild analgesic for the first few days of treatment if you encounter any discomfort.

Will I need to wear a retainer to keep the teeth straight?

As with any type of orthodontic treatment, it is very important to hold the teeth in the corrected position to reduce the chances of unwanted movement. This is achieved using either a thin wire bonded onto the back of the teeth or a slim transparent plastic retainer which can eventually be worn for just two nights per week.

“less time, fewer visits, lower cost”

Will my teeth require any other treatment after wearing the brace?

When teeth have been crowded for many years, it is often the case that the edges of the teeth become worn unevenly. Once they are straight, the tips of the teeth can easily be repaired by some simple cosmetic composite bonding.

For more information

Visit the *Inman Aligner* website at www.inmanaligner.com

See the animation on how the appliance works.

What do I do next?

If you want to know if your crowded teeth can be straightened using the *Inman Aligner*, or have some questions about this type of treatment then please ask the receptionist to make a free consultation appointment.

